

Substance Abuse Prevention Coalition of Alexandria

2017 Annual Report

Mission

SAPCA's mission is to engage diverse sectors of the community in collaborative, cross-cultural and comprehensive substance abuse prevention efforts that result in a reduction of underage substance use and abuse in the City of Alexandria.

Community Impact

Alcohol 23.2%

11.1%
Decrease in alcohol
use among teens
since 2011

Source · Youth Risk Rehavior Survey

Prescription Drugs 7 2%

*Data unchanged from previous year

Current Use in Alexandria

Marijuana 15.9%

8.6% Decrease in marijuana use among teens since 2011 E-Cigarettes

*New data point

Cigarettes

3.9%

12.8%

Decrease in cigarette use among teens since 2011

Decline in past 30-day use of alcohol, marijuana, tobacco and prescription drugs



Youth Engaged



3,107

Adults Engaged



1,352

Volunteer Hours



12,864

Substance abuse prevention material distributed to the community

1,030 lbs.

of drugs collected at Prescription Drug Take Back Events collected in 2016

1,249 lbs.

of drugs collected at Prescription Drug Take Back Events collected in 2017

SAPCA's Key Events & Activities

Young Engagement and Leadership

Promoting youth advocacy and voice by supporting youth leadership on boards and commissions, supporting activism during Kick Butts Day, where youth visit tobacco retailers asking them to pledge to help protect their peers from tobacco, training youth as leaders during the 3-day Youth Leadership Conference.

Community of Concern Dinners

An evening of dialogue and education for youth and their families relating to underage drinking prevention. Families learn how to navigate difficult conversations with teens and how to keep children safe as they grow.

Project Sticker Shock

A community awareness campaign designed to prevent people 21 and older from purchasing alcohol and providing it to youth.

Prescription Drug Take Back Days

Provides residents a safe, convenient and reliable means of disposing of prescription drugs to help prevent prescription drug abuse. A permanent Drug Collection Box was installed at Neighborhood Pharmacy in Del Ray, purchased by SAPCA.

Titan Takeover Teen Nights

Teen nights held at local recreation centers on Friday evenings to provide Alexandria teens a safe place to hang out and have fun. Events feature a DJ, photo booth, free dinner, gift card raffles, games and more!

wreckED Workshops

A community-based workshop designed to educate youth about substance abuse and understand the consequences associated with alcohol and drug abuse.

Red Ribbon Week

Carried out in several elementary schools, reaching more than 600 students. Students decorated schools with posters, and created presentations for their peers about the importance of staying alcohol and drug-free. Students received goody bags filled with prizes for their hard work.



State/Local Government

Department of Community and Human Services Alexandria Parks, Recreation and Cultural **Activities Department**

> **Religious/Fraternal Organizations** ALIVE! Inc.

Law Enforcement

Alexandria Police Department Alexandria Sheriff's Office

Business

The Neighborhood Pharmacy of Del Ray Kim Hyde Consulting, LLC **Alexandria Chamber of Commerce**

Healthcare Professionals

Alexandria Health Department **Alexandria Community Services Board**

Schools

Alexandria City Public Schools Bishop Ireton High School **Episcopal High School**

Youth Serving Organizations

SCAN of Northern Virginia Alexandria Campaign on Adolescent Pregnancy Alexandria Gang Prevention Community Task Force **Alexandria Mentoring Partnership** Boys & Girls Club of Alexandria Friends of the Mental Health Center **Community Lodgings**

Media

Alexandria Times Alexandria Gazette Packet

Civic/Volunteer Organizations

Volunteer Alexandria

Substance Abuse Organizations

Community Anti-Drug Coalitions of America Arlington Reduce or Eliminate Alcohol Use by Youth (R.E.A.D.Y) Coalition

Board of Directors

Allen Lomax, Chair **Independent Consultant**

Teresa Tidwell, Vice-Chair **Community Member**

Kim Hyde, PR/Marketing **Parent**

Gregg Ladislaw, Captain Alexandria Police Department

Arnecia Moody, Lead Social Worker Alexandria City Public Schools

Andrea Melara, Young Adult

Gabi Del Cid, Youth Cadence Claypole, Youth



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Go to www.preventitalexandria.org to support SAPCA's work



Participate

Visit www.preventitalexandria.org for volunteer opportunities



Sign Up

Email sapca@alexandriava.gov to receive our monthly newsletter







